

Audio Visual Resources

Key: \* Materials Reviewed Recommended

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Available at BMPC unless otherwise indicated

Grade	Title	Format	Description	Distributor	Available for Review
** Pre K-2	<i>For Pete's Sake, Tell! Keeping Children Safe from Sexual Abuse</i>	DVD VHS English or Spanish \$34.99 10 minutes	A friendly neighbor invites young Peter Mouse over for ice cream and to play the latest video game. But it's all a trick by the neighbor to get Pete alone to show him bad pictures and to touch him in ways that shame and frighten Pete. Pete tells his cousin Penelope about the neighbor and she sends him to report this situation to a responsible adult in order to stop it.	<a href="http://www.videoswithvalue.com/">Video includes a 50-page leader's guide. May be purchased from <u>http://www.videoswithvalue.com/</u>.</a>	yes
** Pre K-2	<i>Speak Up! Say No! Keeping Your Child Safe from Sexual Abuse</i>	DVD VHS English or Spanish \$34.99 10 minutes	In simple drawings and character voices, we see how young Penelope Mouse's uncle attempted to touch her in ways that were not okay. When she had the courage to tell her parents, she learned that none of it was her fault, and that children need to know the difference between touching that is "okay," and "not okay." She also learned that no matter who is doing the touching, children must tell a responsible adult.	<a href="http://www.videoswithvalue.com/">Video includes a 40-page leader's guide. May be purchased from <u>http://www.videoswithvalue.com/</u>.</a>	yes
* Pre-K-2	<i>Stranger Safety</i>	DVD English Spanish Subtitles \$12.99 42 minutes	This video is focused on all aspects of personal safety, not only awareness of strangers. It also emphasizes the identification of safe or trusted adults.	<a href="http://www.thesafeside.com">The video can be previewed online at <u>www.thesafeside.com</u>. A lesson plan for teachers and discussion pointers for parents are available.</a>	yes

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*K-2	<i>It's Your Body: You're in Charge</i>	DVD VHS English \$99.95 20 minutes	This is a good video that covers the basic safety rules very young children can be expected to master and use for their own benefit. Although it uses the concept of "good" and "bad" touch, it explains those concepts in the more useful terms recommended in the Diocese of Tucson Personal Safety Curriculum. The video is short, with repetitions.	<a href="http://www.sunburst-media.com">Available from www.sunburst-media.com</a> or 800-431-1934	yes
**K-2	<i>What Tadoo</i>	DVD English \$95.00 institution \$24.95 home use 18 minutes	With the help of two puppet frogs, What and Tadoo, Thaddeus learns how to protect himself from strangers with four basic rules: Say No, Get Away, Tell Someone, and if needed, Yell. Highly recommended by prevention professionals, this program looks at the lures strangers use to entice children, and the "uh-oh" feeling they experience with certain touches. Straightforward yet entertaining with a catchy song and charismatic puppets.	<a href="http://www.empowerkids.com">Produced by J. Gary Mitchell Film company and available from www.empowerkids.com</a> or call 800-301-4050. <a href="#">Program includes study guide.</a>	yes
*K-5	<i>"Strong Voices, Smart Choices"</i>	DVD English \$100.00 institution 10 minutes	This video begins with a friendly local, the librarian, offering water to Ben during a break from the soccer game. Ben's parents were concerned about the encounter and enlisted Ben's older brother and friends to turn their speech class project into a personal safety presentation. The teens present an animated lesson that illustrates the difference between trusting adults and respecting adults.	<a href="http://www.stclouddiocese.org/about/safe-environment/safetyvideos.html">Video includes a 10 page leader's guide. This video was produced by the Diocese of St. Cloud and can be previewed at http://www.stclouddiocese.org/about/safe-environment/safetyvideos.html</a>	yes

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*K-6	"Router's Birthday Surprise!"	DVD English/Spanish Also available as a free download 25 minutes	An entertaining and fast-paced animated adventure delivers comprehensive personal safety information to children ages 5-10 and teaches them to identify and defeat on-and offline risks.	<a href="http://www.NetSmartz.org/rbs">The video can be viewed online at: www.NetSmartz.org/rbs.</a>	yes
**2-4	What Tadoo with Secrets	DVD English \$95.00 institution \$24.95 home use 19 minutes	Seven year-old Juliette learns that secrets can be good or bad, and that telling bad secrets to a caring adult is the right thing to do. Professor Sir Hillary Von Carp and his wise frog friends, What and Tadoo, team up again to teach important lessons in making choices, distinguishing "good"	<a href="#">Produced by J. Gary Mitchell Film company and available from www.empowerkids.com or call 800-301-4050. Program includes study guide.</a>	yes

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**2-5	<i>Can't Fool Me!</i>	DVD English \$59.95 (\$14.95 for parents;	Personal safety skills learned through upbeat songs as the Yello Dyno Band gets ready for the big concert at school.	<a href="http://www.yellodyno.com">Available from http://www.yellodyno.com.</a>	yes
**2-6	<i>Yes You Can Say No</i>	VHS English \$65.00 19 minutes	Video teaches children assertiveness and reporting skills to help prevent child abuse. Includes Teacher's Guide.	<a href="http://www.cfchildren.org">Produced and available from Committee for Children www.cfchildren.org</a> or 800-634-4440, ext. 6223	yes
**3-4	<i>Believe Me</i>	DVD English \$95.00 for institution Home use \$24.95 20 minutes	Children who are sexually abused are confused, scared, and hurt. To make matters worse, once they find the courage to reveal the abuse, they're often unable to get adults to believe them, especially if their abuser is a relative or close friend of the family. This program helps youngsters understand that it's wrong to be touched in ways that make them uncomfortable. Todd, a 3rd grader, learns from his puppet friends that he does not have to play "special games" and keep them secret. He also learns that sometimes you have to tell, and tell, and keep telling until someone believes you.	<a href="http://www.empowerkids.com">This program includes a study guide and is available from www.empowerkids.com.</a>	yes
*3-5	<i>If It Happens to You: Dealing With Abuse</i>	DVD VHS English \$99.95 20 minutes	This program talks to elementary-aged children about a difficult subject--abuse. Sensitive, age-appropriate scenarios explore three types of abuse: physical, psychological and sexual as seen through the eyes of children. Students learn safety rules, with a particular emphasis on telling an adult they trust what is happening and continuing to tell until someone takes action to stop it.	<a href="http://www.sunburst-media.com">Available from www.sunburst-media.com</a> or 800-431-1934.	yes

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*3-5	<i>When Should You Tell?</i>	DVD VHS English \$79.95 14 minutes	This video is focused on helping young children find the courage to tell someone if they feel scared or uncomfortable. It builds on the growing sense of the interior experience of right and wrong. It is focused on sexual abuse and uses the story of one young girl to bring out the key points. It illustrates the impact of education and models the appropriate response of a teacher when faced with a disclosure of possible abuse.	<a href="http://www.sunburst-media.com">Available from www.sunburst-media.com or 800-431-1934.</a>	yes
**4-7	<i>Tricky People</i>	DVD English \$59.95 institution (\$14.95 for parents; \$9.95 for Download ) 40 minutes	A suspense/music DVD that teaches children how to recognize, avoid, and escape the deceptive behavior of Tricky People.	<a href="http://www.yellodyno.com">www.yellodyno.com</a>	yes
*5-8	<i>Break the Silence: Kids Against Child Abuse</i>	DVD VHS English or Spanish \$99.95 30 minutes	Four children speak about their varied experiences of abuse or neglect. This presentation leads easily into a discussion with children.	<a href="http://www.discoveryeducation.com">May be ordered by calling Discovery Education at 1- 877-900-8830</a>	yes

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*5-9	<i>The Internet and You: Staying Safe</i>	DVD VHS English \$129.95 15 minutes	This video is fast-paced and varied in the types of Internet dangers it addresses. Looking at scams, viruses, distasteful spam, phishing and cyber-bullying in addition to the expected attention to sexual predators in chat rooms and social networking sites, the narrator weaves humor around the serious messages. Clear rules are offered to the young viewer in a manner that gets attention without creating fear.	<a href="http://www.sunburst-media.com">Available from www.sunburst-media.com</a> or 800-431-1934.	yes
*6-8	<i>"Personal Power"</i>	DVD English \$100.00 10 minutes	Personal Power addresses real situations young people encounter and provides good advice for handling these situations. This video is a companion piece to "Strong Voices, Smart Choices." In this video, Zach and his friends develop their safety presentation for a pre-teen audience. Topics include the dangers in social media , texting and portraying yourself as older than you really are.	<a href="http://www.stclouddiocese.org/about/safe-environment/safetyvideos.html">Video includes a 10 page leader's guide. This video was produced by the Diocese of St. Cloud and can be previewed at http://www.stclouddiocese.org/about/safe-environment/safetyvideos.html</a>	yes
*6-12	<i>Breaking the Silence: Preventing the Sexual Abuse of Minors</i>	DVD English \$29.95 15 minutes	Produced by the Diocese of Orange, this DVD deals only with sexual abuse and is useful to expand the discussion to include the more common types of abuse: emotional/neglect and physical.	<a href="http://www.rcbo.org">The video can be reviewed and ordered online at www.rcbo.org. Click Protecting Children and youth, then Breaking the Silence.</a>	yes
**6-12, Parents and Staff	<i>Internet Safety</i>	DVD English and Spanish Free	This video speaks in English and Spanish to middle and high school-aged children about protecting themselves from Internet predators and scam artists. It is also a valuable tool for parents and staff to learn more about what children have access to online and how to protect them from danger.	<a href="http://www.azag.gov">The DVD is produced by the Arizona Attorney General's Office. Order at www.azag.gov or by telephone: Tucson: 520-628-6504; outside metro Phoenix and Tucson: 800-352-8431. The OCAAP office has a limited supply available.</a>	yes

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*7-12	<i>A Rose For Livvy: Teens &amp; Internet Safety</i>	DVD English \$89.00 29 minutes	This video builds a compelling story about the near-victimization of a 16-year-old girl by an Internet predator. Livvy is the new girl in town; she is the victim of neglect in her own family. In short, she is a tragic example of a very vulnerable youth. The video uses the character of one of her teachers to demonstrate how simple and yet powerful a personal safety class can be. Students will learn about the dangers of Internet chat rooms and believing that they are not at risk.	<a href="http://www.sunburst-media.com">Available from www.sunburst-media.com</a> or 800-431-1934.	yes
*7-12, parents and staff	<i>A View from the Shadows : Talking About Child Sex Abuse</i>	DVD English \$70.00 30 minutes	This DVD is aimed at parents who want to know how to speak to their children about sexual abuse. Two young victims of abuse share their stories in the video which makes it useful for the education of high school age students and for mature middle school age students.	<a href="http://www.yhtp.org">This video can be purchased from You Have the Power, www.yhtp.org.</a>	yes
**8-12	<i>Teen Health: Child Abuse</i>	VHS English \$69.00 30 minutes	This program features interviews with abuse victims, survivors, psychiatrists, psychotherapists and legal counselors. They define the different types of abuse and how the silence can be broken, the cycle of abuse can be stopped and healing can begin. Whether physical, emotional, mental, sexual or neglect, abuse challenges teens of every race, background and economic level. Often the perpetrator is someone close to the victim, and the trauma can severely damage his or her sense of trust and love.	<a href="http://wholechild.net/teenvideos.htm">This video is part of the Teen Health series and can be ordered from the Whole Child &amp; Adolescent Center: http://wholechild.net/teenvideos.htm</a>	yes

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**8-12, Parents	<i>Behind the Screens: Child Sex Abuse on the Internet</i>	DVD English \$70.00 16 minutes	The Internet may be a seemingly innocent way to make friends, but the two victims appearing in the film issue a stern warning. Katie was molested by a man she met in a teen chat room. She was re-traumatized by a community that did not understand. Dani had an e-mail relationship with a man she thought was a former schoolmate. She learned the truth when the FBI came to her home and told her that he was actually a pedophile and that she would likely have been his next victim. Representatives from the FBI and national Center for Missing and Exploited Children offer advice on how to stay safe online.	<a href="#">This video can be purchased from You Have the Power, www.yhtp.org</a>	yes
**8-12, Parents	<i>Reviving Ophelia</i>	DVD English Free 100 minutes	"Reviving Ophelia" addresses the pressures inherent in many teenage relationships; the basic issue is the true meaning of love. Although the story is told from the perspective of teenage girls, the lessons are equally applicable to teenage boys. The program is divided into three episodes and comes with a trainer's guide. This video is also a good resource for parent education. Both parents and teens will relate to the issues	<a href="http://www.mylifetime.com/movies/reviving-ophelia">This video can be ordered through http://www.mylifetime.com/movies/reviving-ophelia</a>	yes
*9-12	<i>Youth Protection: Personal Safety Awareness</i>	DVD English Spanish \$9.99	This video is produced by the Boy Scouts of America, Youth Protection. It is designed for teenagers and young adults, male or female. It is made up of vignettes designed to elicit discussion about the range of issues that pose threats to the healthy development of young people. The discussions then	<a href="#">The video is available through Boy Scouts. The Scout Shop in Tucson can be reached at 520-750-9877 and is located at 5049 E. Broadway (at Rosemont)</a>	yes

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*Catechists, Parents	<i>Good Touch, Bad Touch: Talk for Parents and Kids</i>	DVD English \$30.00 3 lessons: #1: 40 minutes #2: 14 minutes #3: 34 minutes	This video begins with a kindergarten class. As parents (or teacher) and child watch the video together, they also learn the basic safety rules embodying the concept that if they are feeling unsafe or uncomfortable, they should tell a trusted adult. Parents (or teacher) learn how to intervene if and when the child comes with a concern. May be a good training video for catechists.	<a href="http://www.childhelp.org">Available from http://www.childhelp.org</a> or <a href="tel:800-245-1537">by calling toll free: 800-245-1537</a>	yes

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*Parents, Teachers	<i>Bless Our Children: Preventing Sexual Abuse</i>	DVD English \$99.00 40 minutes	This DVD is useful for leading discussions on the importance of education for children in personal safety. Although it focuses on sexual abuse prevention, the lessons are appropriate for any aspect of education to help children be part of the web of safety we seek to weave. It is also an appropriate resource for education of employees and volunteers regarding the importance of personal safety education for minors.	<a href="http://www.faithtrustinstitute.org">The video can be purchased from Faith Trust Institute at www.faithtrustinstitute.org</a> or by phone: 877-860-2255.	yes
*Parents, Staff	<i>A View from the Shadows : Exposing the Mind of Child Sex Offenders</i>	DVD English \$70.00 20 minutes	This DVD is a revealing set of disclosures by incarcerated child sexual abusers to how they manipulated children and families. It is a powerful incentive to parents regarding the importance of being watchful and educating children.	<a href="http://www.yhtp.org">This video can be purchased from You Have the Power, www.yhtp.org.</a>	yes
	<i>What Do I Say Now?</i>	DVD English Spanish \$79.00 30 minutes	This DVD has been recommended by many dioceses for parent education. It is focused on helping parents speak with young children about safety from sexual abuse.	<a href="http://www.cfchildren.org">This video can be ordered at the online store at www.cfchildren.org</a>	yes
*Parents	<i>Good Touch, Bad Touch: The Parent Talk</i>	DVD English \$30.00 42 minutes	This video begins with a conversation in a living room setting with parents. As parents listen to the questions and answers, it is very much as if they were there participating in the conversation.	<a href="http://www.childhelp.org">Available from http://www.childhelp.org</a> or by calling toll free: 800-245-1537	yes

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*Parents, Staff	<i>Una visión desde las sombras: Abuso sexual infantil en la comunidad hispana</i>	DVD Spanish \$70.00 20 minutes	This DVD, through the stories of two women abused as children, encourages viewers to be aware and make reports to law enforcement when abuse is experienced or suspected.	<a href="#">This video can be purchased from You Have the Power, www.yhtp.org.</a>	yes
*Priests	<i>Priestly Relations hips: Freedom Through Boundaries</i>	VHS English \$50.00	This video is designed to provoke discussion among priests as to how social needs can be met while maintaining boundaries appropriate to the role and public commitments of the priest.	<a href="#">It was published by the National Organization for the Continuing Education of Roman Catholic Clergy. Quantity discounts available. To order: nocercc@nocercc.org</a>	yes
*Priests, Brothers	<i>Men Vowed and Sexual: Conversations about Celibate Chastity</i>	VHS & DVD English	This program is a set of six videos designed to elicit discussions about a range of topics relevant to living chastely as a celibate man.	It was published by the Conference of major Superiors of men. Although published in 1993, it remains a useful tool for seminars on this subject and serves diocesan priests as well as religious priests and brothers.	yes
*Church workers	<i>A Sacred Trust: Boundary Issues for Clergy and Spiritual Teachers</i>	DVD English \$300.00	This DVD is a four-part series for teaching all workers in the church about boundaries.	<a href="#">The video can be purchased from Faith Trust Institute at www.faithtrustinstitute.org 877-860-2255 Alternately, programs using this video can be brought to the parish or school by pastoral center staff.</a>	yes

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*Clergy, lay leaders hip	<i>The Healing Circle: Victims of Sexual Abuse Share their Stories.</i>	DVD English \$45.90 61 Minutes	This video portrays the telling of stories by victims of sexual abuse, a priest offender, other clergy, and lay persons. In their stories, the video brings home the varied and long-lasting effects of sexual abuse within the Church.	<a href="http://healingcirclegroup.com">http://healingcirclegroup.com</a>	no
*Clergy, lay leaders hip	<i>Instruments of Hope and Healing</i>	DVD with supporting print material	The program is based around four vignettes intended to promote discussion about pastoral boundaries.	Use can be arranged through OCAAP	no